



Welcome to the Zagreb 2015 ETU Balkan Triathlon Championships

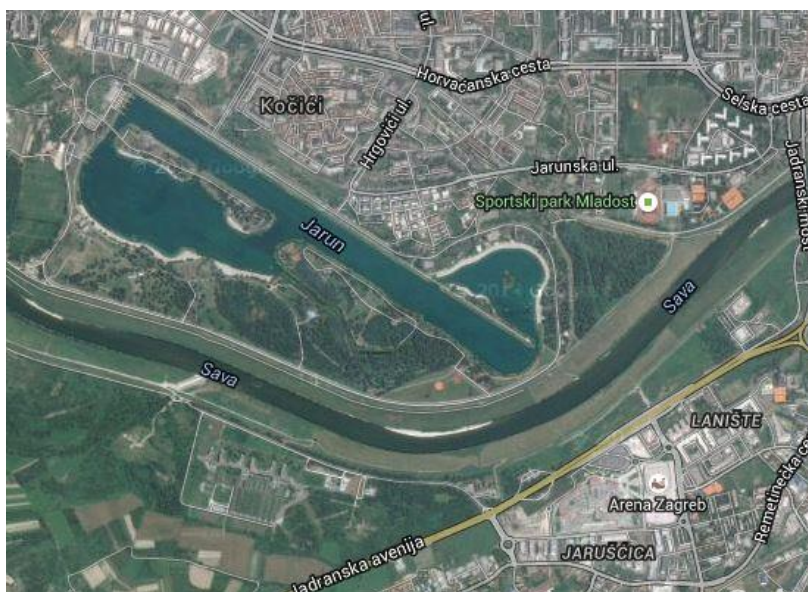
ETU POINT RACE / Sprint Triathlon Elite M / F

Announcement Sprint Triathlon / Super-sprint Triathlon / Mixed Team Relay Triathlon

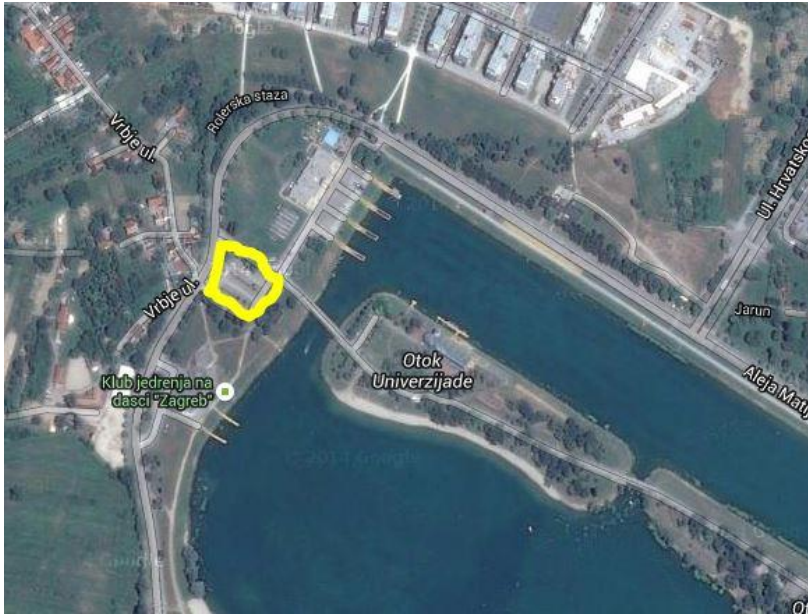
All Information: zg.b3ch@gmail.com

Date: 18. July. 2015

Location: Zagreb, Sport and Recreational Centre Jarun.



The Transition Zone, Athletes Lounge, Start, Finish area are situated at the Parking on the west side of the lake, near the Bridge to the Island "Otok Univerzijade"



SWIM

Water temperature: around 24 ° C

Number of laps: 1 Triangle

Start Mechanism: beach mass start

Conditions: Lake

BIKE

Brief description: flat

RUN

Flat, asphalt road beside the lake

Competition Categories:

Youth – athletes born 2000, 2001, 2002, 2003 (12-15 years of age)

Junior – athletes born , 1996, 1997, 1998, 1999 (16 – 19 years of age)

Elite – athletes born 1995 and before

Age Group – According to ITU rules

Distances:

Youth category: 300 m swim – 10 km cycle – 2 km run

Junior , Elite, Age Group category: 750 m swim – 20 km cycle – 5 km run

Mixed Relay: each competitor / 200m swim, 5km bike, 1km run.

Start of the Races:

Saturday

08:30 – Elite M;

09:30 – Elite F;

10:30 – Junior M;

11:30 – Junior F;

12:30 – Youth M;

13:30 – Youth F;

14:30 – Age Group M;

15:30 – Age Group F

Sunday – Team Relay:

08:30 - Junior and Elite (2M + 2F)

10:00 - YOUTH (2M + 2F) ,

11:00 Age Group (2M + 2F)

Starting fee:

Elite and Age Group 30.- EUR;

Juniors – 25 EUR;

Youth – 20 EUR.

Mixed Team Relay – 40 EUR pro Team;

Double Start Package / Single Race and Mixed Team Relay Race: Starting Fee for Single Race + 5 EUR pro Athlete for Start in Relay Race.

Group Registration benefit -

- *For Groups of ten (10) Athletes you get 10% discount on Registration Fee.*

Event Closest Airport

Pleso

We can organize transfer from Airport to Hotel.

Information and reservation on request @: zg.b3ch@gmail.com

For Visa Requirements: Please check with your consular department

Event Travel Host accommodation partner

Accommodation provided in:

Hostel Arena

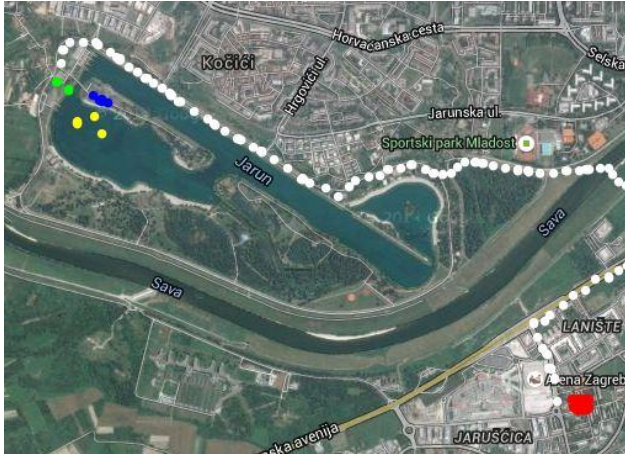
<http://www.nazor.hr/hostel-arena-zagreb>

Information and reservation You can get on: zg.b3ch@gmail.com

Price is around 35 Euro/person in double room on full board basis;

There are benefits for group reservations.

This Hostel is 5km from Race Venue and is well connected with public roads and bike paths. Also is situated in vicinity of Sport and Shopping Centre "Arena".



- Hotel location – red dot;
- Car and bike direction – White dot;
- Race Venue start – Yellow dots;
- Transition zone – green dots;
- Pick up numbers and briefing – blue dots.

Balkan Triathlon Federation countries – member’s benefits:

Zagreb Triathlon Union offers free accommodation on FB basis on 18.19.07. 2015.

to the members of the teams of the Balkan countries (10 athletes + 2 leaders).

National Teams of the Balkan countries who are planning to use this free accommodation must fill application form.

Application form for free accommodation will be provided from organizer on the request by e-mail.

Request and reservation for accommodation should be sent to:

EMAIL: zg.b3ch@gmail.com

Payment: only through Zagreb triathlon union - bank money transfer or cash.

Registration:

1. All Competitors who compete at Elite Race, please Register through Your National Federation through ITU Log-in System.
2. Elite and all other Competitors please follow link below and make registration:

<http://grabarsport.hr/triatlon-sezona/>

The registration and the fee need to arrive at the event organizers at the same time. Unpaid registrations will not be processed. You cannot register by phone.

For any additional question: zg.b3ch@gmail.com

Registration deadline: 05th July 2015!

Registration forms which are going to be sent after the 15th May 2015 (post stamp) will have a late fee of 10. - EUR if there are any starting positions available.

If a registered participant can't take part in the Zagreb 2015 ETU Balkan Triathlon Championship - for whatever reason - there is no claim for refund of starting fee.

Timekeeping:

Official Race Time will be measured electronically by Grabar sport – Official partner of Croatian Triathlon Federation.

All Participants will get Electronic Chip.

All Chips need to be returned after the Race.

*** WITHOUT CHIP NO TIMEKEEPING! ***

The starter package contains:

1 start number, 1 bike number, 1 helmet number, Electronic Chip, Sponsor goods.

How to reach:**By car:**

Sport Centre Jarun is situated on south west side of the city.

Follow traffic signs to Jarun.

Car parks:

Car parking inside of the Sport Centre Jarun is 10.00 hrk which is around 1.5 EUR. Parking is 200m far from Transition Zone.

Starting documents and chips:

Pick up start numbers at our registration desk near the start / finish line area / Transition Zone, on 17th July 2015 from 4 PM to 8 PM.

Transfer of start numbers on other persons (change of names) isn't allowed for organizational and safety-related reasons.

Late registrations if there are still some places:

Between 05th and 15th of July 2015. The fee for a late registration is additional 10.- EUR.

Race Briefing

Official Race Briefing will be held on Friday on 05 PM, in organisation headquarter on the Island "Otok Univerzijade".

Race Venue Familiarization

There will be Race Venue Familiarization on Friday, after Race Briefing on 06.PM to 6.30.



Race Distances

- Sprint / Elite:

Swimming 0.75 km:

1 lap of 0.75 km. Swimming starts at the Beach on the Island "Otok Univerzijade". After swimming the participants run to the transition zone and cycle 3 (three) laps on the SRC Jarun.

Biking 20 km, flat circuit:

3 laps of 6.66 km. Drafting is allowed.

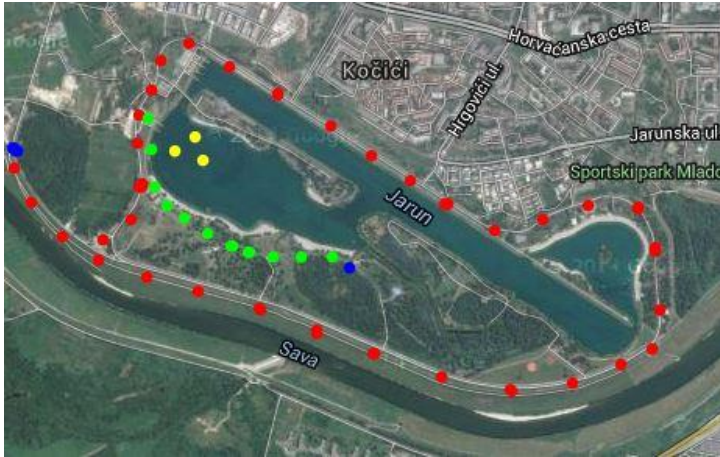
The course is situated on the flat, completely blocked SRC Jarun.

After 3 laps the participants enter to the transition zone.

Running 5 km, flat course with a turning point:

2 laps of 2.5 km from the transition zone on the flat asphalt path in southern direction. There will be markings and Race officials on the track. Passing on the opposite side is not allowed.

Picture:



Swim: Yellow dots

Bike: Red dots

Run: Green Lime dots

Turnovers on bike and run are marked with blue dots

Aid stations:

Refreshments for runners, each 2.5 km.

On the running course there is 1 refreshment point. There will be water and Isotonic drinks.

Refreshments at the end of the Race: Beyond the finishing line there will be refreshments for all participants – Drinks and Fruits.

Prize money distribution.

Elite men and women:

1st. 300 EUR

2nd. 180 EUR

3rd. 120 EUR

ETU points

According to ETU office, 150 points will be processed for ALL athletes competing rolling 10 down. These points' counts for both the ITU continental points list as the ETU European Cup ranking.

- Sprint Junior / Age Group:

Swimming 0.75 km:

1 lap of 0.75 km. Swimming starts at the Beach on the Island "Otok Univerzijade". After swimming the participants run to the transition zone and cycle 3 (three) laps on the SRC Jarun.

Biking 20 km, flat circuit:

3 laps of 6.66 km. Drafting is allowed. TT Bikes are forbidden.

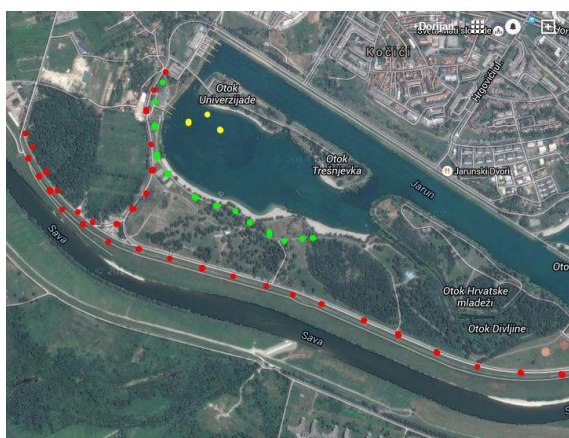
The course is situated on the flat, completely blocked SRC Jarun.

After 3 laps the participants enters to the transition zone.

Running 5 km, flat course with a turning point:

2 laps of 2.5 km from the transition zone on the flat asphalt path in southern direction. There will be markings and Race officials on the track. Passing on the opposite side is not allowed.

Picture:



Swim: Yellow dots

Bike: Red dots

Run: Green Lime dots

Aid stations:

Refreshments for runners, each 2.5 km.

On the running course there is 1 refreshment point. There will be water and Isotonic drinks.

Refreshments at the end of the Race: Beyond the finishing line there will be refreshments for all participants – Drinks and Fruits.

- Youth**Swimming 0.375 km:**

1 lap of 375m. Swimming starts at the Beach on the Island "Otok Univerzijade". After swimming the participants run to the transition zone and cycle 2 (two) laps on the SRC Jarun.

Biking 10 km, flat circuit:

2 laps of 5 km. Drafting is allowed.

The course is situated on the flat, completely blocked SRC Jarun.

After 2 laps the participants enters to the transition zone.

Running 2.5 km, flat course with a turning point:

1 lap of 2.5 km from the transition zone on the flat asphalt path in southern direction. There will be markings and Race officials on the track. Passing on the opposite side is not allowed.

- Mixed Team Relay

Swimming 0.200 km:

1 lap of 200m. Swimming starts at the Beach on the Island "Otok Univerzijade". After swimming the participants run to the transition zone and cycle 1 (one) lap on the SRC Jarun.

Biking 5 km, flat circuit:

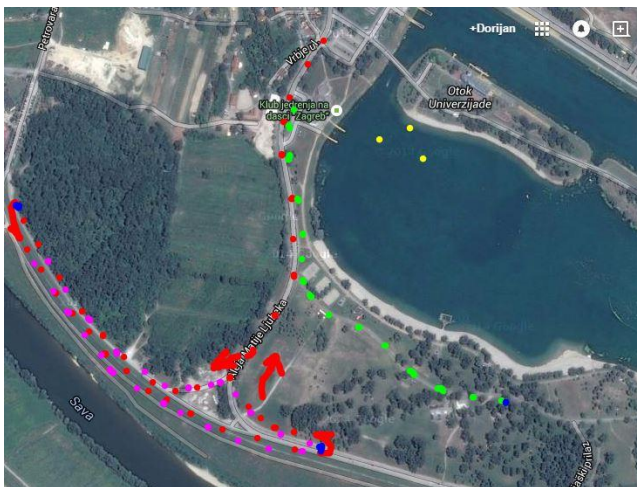
1 lap of 5 km. Drafting is allowed.

The course is situated on the flat, completely blocked SRC Jarun. After 1 lap the participants enters to the transition zone.

Running 1km, flat course with a turning point:

1 lap of 1 km from the transition zone on the flat asphalt path in southern direction. After 500m there will be turnover. There will be markings and Race officials on the track. Passing on the opposite side is not allowed.

Picture:



Swim: Yellow dots

Bike: Red / Violet dots

Run: Green Lime dots

Turnovers on bike and run are marked with blue dots

Aid stations:

On the running course there is 1 refreshment point, at the exit of Transition Zone. There will be water and Isotonic drinks.

Refreshments at the end of the Race: Beyond the finishing line there will be refreshments for all participants – Drinks and Fruits.

Presentation ceremony:

One hour after the time of last competitor in the Race near finish line area.

Competition rules:

Protest time:

According to ITU Competition Rules.

Results:

www.competitions.com follow link **Zagreb 2015 ETU Balkan Triathlon Championships**

<http://grabarsport.hr/triatlon-sezona/>

Organisation: Zagreb Triathlon Union / Zagrebački triatlonski savez

E-Mail: zts.competitions@gmail.com

Liability:

- The event organizers or any other persons involved in the event will not be liable for accidents, injuries, thefts or damages to a person or object, whatever caused.
- Each participant (or their guardian) confirms clearly with the registration that he/she takes part at one's own risk and carries the complete responsibility. Each participant and guardian has been informed of the health - and other risks of the competition. He/she will not make any demands from the event organizer or anyone else involved in the event. With the registration, the participant accepts the competition rules and any changes set by the Organizer.
- If a registered participant can't take part in the Zagreb 2015 ETU Balkan Triathlon Championships - for whatever reason - there is no claim for refund of starting fee. Therefore we recommend contracting starting-fee insurance.

